



Clover Connection

Cooperative Extension Service

Washington County
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April 2024

Capitol Experience

Last month the Washington County 4-H Teen Advisory Council took a trip to our state capitol in Frankfort. While at the Capitol we had the privilege to sit in on an ag legislative meeting where two motions were on the agenda, one being on the discouragement of unknown drone usage on agricultural property, and another improvement and expansion of the Kentucky Expo Center for the state fair and other events. After this, we had the privilege to listen to one of my favorite speakers, Warren Beeler. Warren Beeler was a hog farmer who struggled through the market crash in the mid 90s. Afterwards he became a politician in Frankfort and a well-known livestock judge for many years. We also met Representative Kim King who is one of the Representatives for our county. This is quite the experience for me and the other members who attended, especially seeing the way our legislators conduct business to better Kentucky.

-Lucas Brothers



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Project Clubs

Join for the 2023-2024 project year!

4-H Sharpshooters



Shooting Sports Club

Weekly practices start at the end of April! Make sure you're on our Remind as updates, shoot registrations, and cancelations will be sent through Remind.

REMIND: @4htarget24 to 81010

4-H Country Ham Project



Country Ham

Hams are in cure and members have their speech topics for the year! They will give their speeches and shuck hams for the first time on May 7th. Members of the Ham Project should also attend Livestock Club meetings on the last Tuesday of every month.

REMIND: @salty20 to 81010

4-H Best Sew-ers in Town



Sewing Club

These members are hard at work with their projects this year! From duffle bags to Sunday dresses, their masterpieces will be on display at the showcase in June!

REMIND: @4hsew24 to 81010

4-H Cooking Club



Foods & Nutrition

This club is learning all sorts of skills in the kitchen! Last month they learned how to make biscuits & gravy and this month they'll try their hand at a breakfast quiche!

REMIND: @wc4hcooks to 81010

4-H Hooves & Horns



Livestock Club

Learn about feeding, healthcare, judging, grooming, and showing livestock with the Hooves & Horns Livestock club! Their meetings are the last Tuesday of every month at the Washington County Extension Office at 6:30. Their next meeting is April 30.

REMIND: @salty2020 to 81010

4-H Teen Advisory Council

7th grade & up!



This club is only for Teens devoted to experiencing new things! We meet on the first Wednesday of every month at 4:30. The next meeting will be April 3 and May 1st and we'll be discussing Capitol Experience, Safety Day, and the upcoming area teen events.

REMIND: @wc4hteen to 81010

4-H Young Riders Club



Horse Club

If you love horses this club is for you! You **do not** have to own a horse to participate either! In fact they do tours of the industry and have professional speakers often. Meetings are held on the third Monday of each month. The membership fee is \$7. They may not meet this month due to Horse Camp so be sure to follow their Remind for updates. Their meeting is at 6:30.

REMIND: @wchorse2 to 81010

New and upcoming!

Pumpkin Growing Contest

This summer a new contest is coming to Washington County! We will be challenging our youth and adults to put their gardening skills to the test with a Pumpkin Growing Contest. Information and seeds will be distributed at a Pumpkin growing class before the contest begins. Save the date for June 18th and wait for more information to follow!



Teen Conference 2024

Save the date for this year's Teen Conference! Each year hundreds of 4-H'ers descend upon the University of Kentucky where youth select tracks they are interested in, complete service projects, and meet other young people from across the state! This year's conference will be June 11-14th. Registrations will be due in May and will be available soon!





DORRIN AND RUTH ROSS SCHOLARSHIP

The Dorrin and Ruth Ross Scholarship is now open for 2024. Candidates must be a graduate of Washington County High School or a past or present member of Washington County 4-H or FFA. Applications are due April 15, 2024 and must be completed online. Scan the QR code here for a direct link to the applications!



Renee Cooksey

Certified Horse Volunteer Achievement Award

Every other year Kentucky Cooperative Extension hosts Kentucky Volunteer Forum. There, Renee Cooksey was honored as one of Kentucky's Certified Horse Volunteer Achievement Award Recipients! Join me in congratulating one of our own!



Chick Incubation -St. Dominic-

St. Dominic school had some “egg-citing” days this past month as our chick incubation project came to a close. Over the course of 21 days they learned about the process a chicken embryo goes through to develop in the egg and were able to watch the chicks hatch in their classrooms!

4-H GARDEN TOURS

JUNE 3-5TH
9 AM- 3 PM
EACH DAY

Visit gardens and research centers from Lexington to Louisville to right here at home! This is a 3 day outing for youth ages 9-18.

Registration is \$15 and is limited to 10 participants. Registration includes:

- Lunch each day
- Event T-shirt
- Transportation & admission costs

Register by calling the Washington County Extension Office (859) 336-7741





Morgan
Thompson



JT
Mattingly



Andrea
Cooksey



Talon
Owens



Dallas
Jones

Senior Sendoff

JOIN US AS WE CELEBRATE OUR
GRADUATING SENIORS!

MAY 1, 2024 5:30 PM

A MEAL WILL BE SERVED. RSVP BY CALLING THE
WASHINGTON COUNTY EXTENSION OFFICE BY APRIL 26



WASHINGTON
COUNTY 4-H



4-H CAMP

JULY 8-12, 2024



We will zipline, canoe, craft, Sally and more at the picturesque Lake Cumberland 4-H Camp! Registration open NOW!

REGISTRATION

- Registrations now open!
- Registration is \$225

CONTACT:

Melissa Richardson
859-336-7741
Melissa.schenck@uky.edu

Registration Closes **June 7, 2024**
Adult volunteers are needed! Call us for more information!



CAMP COUNSELOR



Camp doesn't have to end at 14 years old! Those who are 15-18 years old can apply to attend camp as Counselors! Keep in mind that applying to be a Counselor can be competitive and we can only take a limited number so be sure to fill out the application thoroughly!

This application is for youth age 15-18 years old. 4-H Camp registrations for all youth will be available soon. If you are an adult interested in going to 4-H camp please contact Melissa by emailing melissa.schenck@uky.edu or calling 859-336-7741



Camp this year is July 8-12. Teen Counselor applications are due May 3. 4-H Camp registrations for youth 9-14 will be available soon!

APPLE AND CHICKEN SALAD

Ingredients

- 2 red apples
- 2 stalks celery
- 1/2 cup raisins
- 1/4 cup plain non-fat Greek yogurt
- 1/4 cup light mayonnaise
- 1/4 teaspoon salt
- 1/8 teaspoon ground black pepper
- 2 cups cooked chicken, chopped
- 18 lettuce leaves



Directions:

1. Wash hands with warm water and soap, scrubbing for at least 20 seconds.
2. If needed, cook chicken using the [How to Cook Chicken](#) recipe.
3. Rinse all fresh produce under cold water in a colander. Scrub celery and apples with a vegetable brush.
4. Using the cutting board and knife, dice 2 stalks of celery.
5. Chop 2 red apples, remove the core and seeds.
6. Combine chopped apples, celery, and 2 cups diced chicken in a bowl.
7. Add 1/4 cup Greek yogurt, 1/2 cup raisins, 1/4 cup light mayonnaise, 1/4 teaspoon salt and 1/8 teaspoon pepper to bowl.
8. Stir all ingredients together.
9. Arrange 3 lettuce leaves on a plate and top with 1 cup of apple and chicken salad mixture.
10. Store leftovers in bowl with a lid in refrigerator for 3-4 days.

At the Extension Office...

We have activities for
youth, adults, and families!

Community Baby Shower

Held at the Washington County TEL Center
(520 Lincoln Park Road), Visit with resource
vendors, learn about healthy choices car seat
safety, enjoy free pizza, and win prizes.
Register by April 23rd with the QR code
below or call the Washington County
Extension Office at 859-336-7741



SPECIFIC DUTIES

- Office receptionist
- Word processing
- Quickbooks
- Filing
- Maintaining databases & mailing lists
- Developing and maintaining websites
- Designing newsletters
- Providing support for county agents

Visit this website for more details and to
apply:

SCAN ME



**WE'RE
HIRING!**

2 STAFF ASSISTANTS

APPLY BY APRIL 16TH

Apply for BOTH Washington County Positions!