

Agriculture and Natural Resources

Cooperative Extension Service

Washington County
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University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Agent Notes:

I want to start off by thanking you all for making my first year with extension a GREAT one! We are gearing up for a busy fall that is full of educational opportunities. I hope to see you all in attendance for these events. I also appreciate any feedback or program ideas!

Inside this Newsletter:

MONTHLY RECIPE CARD
IMPORTANT DATES
UPCOMING EVENTS

Monthly Recipe Card

Chicken and Dumpling Soup



Ingredients:

- 2/3 cups cooked chicken, cubed
- 4 carrots
- 3 stalks of celery
- 3 medium potatoes
- 1/2 yellow onion
- 1 clove garlic
- 2 tablespoons olive oil
- 2 (32-ounce) boxes of low sodium chicken broth
- 2 cups frozen peas
- 1 (12-ounce) package frozen dumplings
- Salt and pepper, optional

Directions:

- Chop vegetables into bite sized cubes; chop onion and garlic finely.
- In a large soup pot, heat olive oil over medium-high heat and sauté the onion and garlic until tender.
- Add the carrots, celery and potatoes and stir for a few minutes, being careful not to burn them.
- Pour in the broth and bring to a boil. Add dumplings, a few at a time.
- Turn down heat and simmer for about 15 minutes, stirring often, until the vegetables have softened.
- Add chicken and raise heat to medium-low for 10 minutes.
- Add frozen peas during the last five minutes. Add salt and pepper to taste.

Nutritional Facts / Serving:

220 calories; 5 g total fat; 1 g saturated fat; 0 g trans fat; 35 mg cholesterol; 200 mg sodium; 23 g carbohydrate; 4 g fiber; 19 g protein; 50% Daily Value of vitamin A; 24% Daily Value of vitamin C; 8% Daily Value of calcium; 10% Daily Value of iron



IMPORTANT DATES

September

1st: Backyard Poultry Program

13th & 14th: Fall Grazing School - Woodford County

17th: Tri-County Cattle Field Day - Danville

19th: Rinse and Return

26th: Deer Processing

30th: Cattlemen's Cook (Sorghum Festival)

October

14th: Tri-County Predator Workshop - Russell County

20th: Beef Bash - Princeton

27th: KY Grazing Conference - Winchester

22nd: KY Annual Sheep and Goat Producers Conference

November

1st: Fencing School - Marion County

If you have any questions about these programs please call

(859)336-7741

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taylor.graves@uky.edu



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www.facebook.com/WashingtonCountyKentucky4H/

Beef Bash 2022

Recovering and Rebuilding from a natural disaster

Date: Thursday October 20th, 2022

Time: Registration 8:30 AM CT
Program starts at 9 AM CT

Location: The beef unit at the University of Kentucky Research and Education Center.

348 University Dr
Princeton, KY 42445

*Signs will be posted to the beef unit

MAKE PLANS TO JOIN US!

Commercial exhibitors

Educational exhibits and demonstrations

University of Kentucky, College of Agriculture Food & Environment personnel and administrators

No cost to attend
Lunch available to purchase



This program is approved for a CAIP educational hour



2022 KY ANNUAL PRODUCER CONFERENCE



10 - 22 - 22

Check-In 8:30am; Program 9:00 am EST

In-Person: \$30 per person;
\$50 per couple
Online: \$15
Kids 12 & under Free

KSU Research Farm
1525 Mills Lane
Frankfort, KY 40601



Renew Association Membership with Registration



This program is approved for a CAIP educational hour

2022 Kentucky Grazing Conference

Profitable Grazing Systems from the Soil Up

Western Kentucky - October 26th

Grayson County Extension Office, Leitchfield

Eastern Kentucky - October 27th

Clark County Extension Office, Winchester

7:30 Registration

8:30 My soil is alive! **Ray Archuleta**

9:30 Right-sizing your cows for profit **Les Anderson**

10:30 Don't let grazing myths impact your profitability **Greg Halich**

11:15 Hay Feeding Strategies to Build Fertility in Grazing Systems
Nick Roy & Fred Thomas

12:00 Lunch

1:15 Producer Speaker / Forage Spokesperson Contest

2:15 The role of extended grazing in profitable ruminant livestock
operations **Jim Gerrish**

3:15 Closing



Tickets: \$35 Advance / \$50 Onsite / \$15 Students

Leitchfield: <https://2022GrazingLeitchfield.eventbrite.com>

Winchester: <https://2022GrazingWinchester.eventbrite.com>



This program is approved for a CAIP
educational hour

Fall Grazing School

September 13th & 14th

Woodford County Extension Office

Registration Fee is \$60/person

This includes lunch for both days and all materials.

Must register online.



This program is approved for a CAIP
educational hour

Tri-County Predator Workshop

October 14th

2-8 pm EST

Russell County Extension Office

2688 S. Hwy 127

Russell Springs, KY 42642

On Farm Demos at 2:00 pm

Classroom Portion at 5:00 pm

Cost \$15

Registration includes lamb dinner and one year membership to the Southeast

Kentucky Sheep Producers Association

To register call: 270-866-4477



This program is approved for a CAIP
educational hour

Fall Fencing School

November 1st

Marion County Extension Office

Registration Fee is \$30/person

The registration fee includes morning refreshments, a catered lunch, a fencing notebook, safety glasses and hearing protection.

Must register online.



This program is approved for a CAIP
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**TRI-COUNTY
WORKING CATTLE FIELD DAY**

SEPTEMBER 17TH, 2022

9 A.M. - 1 P.M.

LUNCH INCLUDED

BOYLE COUNTY FAIRGROUNDS

550 NORTH DANVILLE BYPASS DANVILLE, KY 40422

**Please RSVP to Washington County Extension Office at
(859)336-7741 or taylor.graves@uky.edu by September 9th**

Stations Include:

Pregnancy Checking with Circle 5 School For Cattlemen

Cattle Handling with Tarter

Creating a BQCA Kit

701X Tags

**Participants will rotate through stations and receive hands on experience
at each station.**

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TARTER 

701x



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